

Blue



**Hurt**



**Sad**



**Depressed**



**Tired**



**Sick**



**Bored**



**Exhausted**



**Shy**



Green



**Good**



**Calm**



**Appreciated**



**Proud**



**Thankful**



**Happy**



**Good Listener**



**Ready to Learn**



**Focused**



**Okay**



**Relaxed**



**Content**



Yellow



**Excited**



**Frustrated**



**Nervous**



**Anxious/Worried**



**Silly**



**Annoyed**



**Overwhelmed**



**Scared**



**Jealous**



**Upset**



**Uncomfortable**



**Confused**



**Embarrassed**



**Grouchy/Crabby**

Red



**Mean**



**Mad**



**Yelling**



**Angry**



**Aggressive**



**Terrified**



**Out of Control**



**Elated**

