Big Ideas: Growth Mindset www.classdojo.com/Bigldeas Class Discussion Questions



# **Episode #5 Discussion Guide**

In Episode 5, "Little by Little," Mojo and Katie embark on their greatest challenge yet - but still face a setback.

- What does it feel like when something is too challenging? Is it wrong that we feel this way?
- What kind of attitude should we take on when facing a challenge, and why is that important?
- When taking on a challenge, it's okay to ask for help or to take a break to reflect, like Mojo did! Does this mean we aren't growing our brain anymore?



Teacher tip: Use ClassDojo to encourage "Risk-taker" in your classroom this week.

On the next page are a few "take-home" questions for parents, so they can watch the video and reinforce the concept at home!

### **Episode 5: Take-home questions**

We're watching a video series about how students can develop a growth mindset! Watch it at: www.classdojo.com/Bigldeas, and ask your child these questions tonight.

- 1. Sometimes when we are working on a challenging task, we may think, "just try harder." Is there a way to change this phrase?
- 2. What are some strategies we can use when facing a big challenge, so that we don't burn out?
- **3.** Brainstorm phrases we can use to keep us going when facing a challenge (e.g., "Nice effort trying to solving that math problem!").



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